



# MKG NORTH MARTIAL ARTS

**Martial arts classes for teens and adults at the  
New Brighton Community Center  
400– 10th Street NW suite 214  
New Brighton, MN**



Get in shape... relieve stress... self defense... have fun

Learn effective martial arts in a relaxed atmosphere. The MKG North training methods, class structure and training equipment are all designed to create a martial arts experience that is safe yet effective. We offer martial arts for students of all levels. Learn from a variety of disciplines: Kali, Muay Thai, Jeet Kune Do, Silat, Jun Fan, BJJ, and more.

## Class schedule

Wed 6:00 -7:30 PM Fundamentals/ phase 1  
7:30– 8:30 PM Silat

Fri 6 pm -7:30 PM Fundamentals/ phase 1  
7:30– 8:30 PM Mixed arts

Cost: \$100/ month unlimited classes  
or drop in rate of \$15 per class and \$5 each additional class

For more information, please contact instructor Peter Kwong 612-242-2766  
[www.mkgNorthMartialArts.com](http://www.mkgNorthMartialArts.com)

Try a week of classes for free

